

CoachInc.com

Graduate & Certification Options**** (effective January 1, 2009)

	CoachInc.com (Coach U / Corp. Coach U)	Coach U		Corporate Coach U	
	Core Essentials (CEP) or Core Essentials Fast Track (CEFTP)	Advanced Coaching Program (ACP) ③	ICF ACTP* Program Coach U Certified Graduate (CUCG) ⑤	Advanced Corporate Coaching Program (ACCP) ③	ICF ACTP* Program Corporate Coach U Certified Graduate (CCUCG) ⑤
	Basic Graduation Core Essentials Graduate (CEG) ②	Basic ACP Graduation Coach U Graduate (CUG) ④	ICF ACTP* Program Coach U Certified Graduate (CUCG) ⑤	Basic ACCP Graduation Corporate Coach U Graduate (CCUG) ④	ICF ACTP* Program Corporate Coach U Certified Graduate (CCUCG) ⑤
Core Essentials Training Hours - Total	77	--	--	--	--
Required CE hours	77	--	--	--	--
Required CE Self-Tests and Final Exam	Incl.	--	--	--	--
ACP or ACCP Training Hours – Total	--	175	175	175	175
Pre-Req: Core Essentials Graduate (CEG)	--	77	77	77	77
Add'l required advanced practicum/coaching forum	--	16	16	16	16
Add'l required Personal/Professional Foundation	--	24	24	16	16
Additional required and/or elective hours- see checklist	--	58	58	66	66
Pre-Req: Graduate from respective program [Coach U Graduate or Corporate Coach U Graduate]	--	--	Yes	--	Yes
These services must be provided by CoachInc.com ICF PCC or MCC certified coaches					
Mentor coaching hours (add'l fees required)	--	6 months (min 10 hrs)	6 months (min 10 hrs)	6 months (min 10 hrs)	6 months (min 10 hrs)
Reviewed coaching sessions with actual clients	--	--	6 sessions	--	6 sessions
Letters of Recommendation (one is from your mentor, PCC and/or MCC must have observed you coach)	--	--	2 letters	--	2 letters
Documented client coaching hours**					
Minimum of total hours accumulated	20***	200	500	200	500
Minimum number of clients coached	3	10	20	10	20
Number of non-paid hours permitted	100%	Up to 50%	Up to 10%	Up to 50%	Up to 10%
Agree to uphold the ICF's Code of Ethics	Yes	Yes	Yes	Yes	Yes
Cover Letter of Application and Essay	--	--	Yes	--	Yes
Successful completion of Exam, Case Study Questions and Cert. Review Committee Interview	--	--	Yes	--	Yes
Application Fee	No charge	No charge	Yes	No charge	Yes
Time Limit to Complete	CEFTP - 6 months / CEP - 15 months #	3 years	None	3 years	None

*The Coach U Certified Graduate Program (CUCGP) and the Corporate Coach U Certified Graduate Program (CCUCGP) are Int'l Coach Federation (ICF) approved Accredited Coach Training Programs (ACTPs) allowing you to apply for ICF certification via the ACP Track (with less paperwork). If you do not have these designations (CUG or CCUG) and you have the required coach training hours and client coaching hours, you may apply for ICF certification through the Portfolio Track (this is more difficult) at any time. ** See the ICF's definition of client coaching hours and CoachInc.com definition on page 2. *** CE client coaching hours must be accumulated after coursework has begun. **** CoachInc.com reserves the right to modify requirements without advance notification. # \$300 fee will apply for a 3-month extension.

CoachInc.com Certification Application Fee Structure

Coach U Certified Graduate (CUCG): Non-refundable application fee of \$300 USD

Corporate Coach U Certified Graduate (CCUG): Non-refundable application fee of \$300 USD

All application fees are non-refundable. Fees may change without prior notice.

CoachInc.com's Definition of a Client Coaching Hour

For purposes of individual credentialing for CoachInc.com designations, a client coaching hour is 60 minutes of coaching time with a person who has hired you as a coach, with whom you have a formal coaching agreement, and who you coach rather than providing any other service such as consulting or therapy. If you perform coaching and other services for a client, you may only count the actual time spent coaching toward certification; you may not count time providing other services. Additionally, time spent coaching during CoachInc.com courses or in conversations with coaching colleagues (such as buddies and peers) will not apply towards graduation and certification. Only submit hours for graduation and certification purposes for professional coaching relationships where there is a formal coaching agreement.

CoachInc.com's Recommended Path from Core Essentials to MCC Certification

(See also the CoachInc.com Graduation and Certification Flowchart)

- 1 Enroll in either the Core Essentials Program (CEP) or Core Essentials Fast Track Program (CEFTP)
- 2 Graduate from the CEP/CEFTP and receive your Core Essentials Graduate (CEG) designation
- 3 Next, enroll in Coach U's Advanced Coaching Program (ACP) or Corporate Coach U's Advanced Corporate Coaching Program (ACCP) to accumulate additional required coach training hours *while* accumulating client coaching hours
- 4 Graduate from the ACP and receive your basic Coach U Graduate (CUG) designation or graduate from the ACCP and receive your basic Corporate Coach U Graduate (CCUG) designation. . The advanced programs will support you in further developing your core coaching competencies, business/practice skills and personal foundation to attract and retain clients.
 - (a) Once you have 100 client coaching hours, you may be ready to apply for the ICF's Associate Certified Coach (ACC) designation using the ICF's ACC Portfolio Application
 - (b) Next, after accumulating more client coaching hours and completing other requirements, apply for the Coach U or Corporate Coach U's **Certified Graduate** designation and get tested at the PCC level. (CUCG or CCUG). *(Continue to take other electives in the ACP/ACCP to cover this MCC requirement.)*
 - (c) Continue accumulating at least a total of 750 client coaching hours to apply for the ICF's Professional Certified Coach (PCC) designation
 - (c) Continue accumulating at least a total of 2500 client coaching and 200 coach training hours to apply for the ICF's Master Certified Coach (MCC) designation